

ONE DAY COOKING AND WINE TASTING COURSES IN ROME

Scent of Italy...

Learning Italy through flavours and tastes of the Italian cuisine and of the enological Italian tradition, being immersed for one day in the ancient Mediterranean culture, an infinite box of treasures to be discovered, savoured, to love and talk about...

A trip through the five senses, among colours, flavours and perfumes, learning to know the Italian taste from the ingredient to the dish.

*Through this courses we offer you the possibility of transforming yourself from a tourist into a traveller..... **living an unforgettable experience.***

The Library

Nestled behind the bustling, touristy Piazza Navona, The Library is certainly like no other place you've seen in the capital.

You can sit next to the precious Pre - Christian wall, and observe the ancient objects in the niches and the antique books.

Here you are dipped into a universe furnished according the " feng shui" in order to balance the yin and yang elements..

A charming location where learning Italian cooking will be a memorable experience.....



Then if you dare to climb the winding staircase, you are in for a surprise: an elegant loft created just for two people in a small wooden floor attic.

”Cooking & Biking”- Market Tour

The Library www.thelibrary.it

At 8.00 you can join us for the “Campo dei Fiori” Market Tour with the Chef to learn how to choose best fresh ingredients .

we will then reach the Restaurant and at the beginning of the lesson our Chef will explain the menu and distributes the various tasks to the participants.

the fun can start!

The cooking course will be in Italian with the simultaneous translation in English

At 01.00 pm the lunch will follow and you will enjoy the result of your hard work!

In the afternoon at 3.00 pm an optional bike tour of “hidden Rome” with a professional English speaking guide is available for all participants but separate booking is required.

Cooking Classes will take place twice a week, Wednesday and Thursday from h.9.00 am to h.3.00 pm, lunch , market tour ingredients, wines recipes book , aprons and certificate of attendance are included.

People not interested in attending the course may participate in the lunch by paying the quota for the meal only.

Lunch, course ingredients, wines, Recipes book, aprons, and a certificate of attendance are included

Bike Tour of hidden Rome: min.2 part